



Langstone Good Neighbours

*Do All Things With
Kindness*

A rather belated Happy New Year! Before we share the details of the main social events Langstone Good Neighbours Network has planned to bring our community together this year, we wanted to thank you for your support of the activities we ran last year.

These included the **Flower Craft** session, kindly run by Gemma, where those who attended created a peony flower out of crepe paper – a therapeutic way to spend a few hours, with a beautiful product to take home!

Following the success of the 2022 **Easter Egg Hunt**, we ran a similar event last April – and it was great to see an increase in the number of guests. We had to encourage people to go home at the end, a sure sign people were enjoying themselves in the mild Spring weather and the beautiful garden!

After the celebration of the Coronation with various street parties across Langstone, came the BIG HELP OUT – a community volunteer day. We supported our local **Coronation Beach Clean** with welcome refreshments of bacon butties and hot dogs. This was followed by a picnic, attended by some of our local Ukrainian families.

As we have **defibrillators** sited on Langstone High Street and at The Ship we also offered a well-attended training session, delivered by Hayling Island Responders.

One of the main highlights from last year was **Langstonbury – a** music festival featuring local bands and singers, supported by local businesses such as burgers and food from Hayling Billy Bites, wine from Vin and gins and other spirits courtesy of the Modern Art Distillery.

Our **Langstone Lunch club** continues to go from strength to strength. Held on the second Tuesday of the month at Langbrook Farm between 12 and 2pm, it provides an opportunity to have lunch together with friends and meet new people. If you would like to come along and enjoy a meal in a warm space at a reasonable price, please do get in touch.

So onto 2024 – this year we'll kick-off with a '**Family Sports Day**' on Monday 6th May. An event for all the family, with various fun competitions and races, is not to be missed. We'll make sure there's something for everyone!

Following the great success of last year, we've scheduled this year's **Langstonbury** for Saturday 13 July. Again, we'll feature local bands, and local businesses will be on hand to sell food and drink.

And on Friday 27 September, between 10:00-12:00, we'll be supporting a **Macmillan coffee morning**.

More details on all these events to follow, but in the meantime, please do put the dates in your diaries. We'll also post details on www.langstone.org.

Finally, a reminder of what LGNN is all about. We started in 2018, with a primary purpose to provide acts of kindness to people within the community. Our team of volunteers offers Langstone residents befriending, shopping/ prescription collection, planned transport to appointments.

We are always looking for volunteers, whatever level of support you can offer. If you would like to help with one of the events in 2024 or would like to volunteer, please contact LangstoneGNN@gmail.com or ring 07543 682405.